



CARE OF THE MOUTH AFTER EXTRACTIONS

- * Do not scratch, chew, suck or rub the lips, tongue or cheek while they feel numb or asleep. The child should be watched closely so he/she does not injure his/her lip, tongue, or cheek before the anesthesia wears off.
- * Do not rinse the mouth for several hours.
- * Do not spit excessively.
- * Do not drink a carbonated beverage, (Soda, Seltzer, etc) for the remainder of the day.
- * Do not drink through a straw.
- * Keep fingers and tongue away from the extraction area.

BLEEDING

Some bleeding is to be expected. If unusual or sustained bleeding occurs, place cotton gauze firmly over the extraction area and bite down or hold in place for fifteen (15) minutes. This can also be accomplished with a tea bag. Repeat if necessary.

- * Maintain a soft diet for a day or two, or until the child feels comfortable eating normally again.
- * Avoid strenuous exercise or physical activity for several hours after the extraction.

PAIN

For discomfort use Children's Tylenol™, Children's Advil™, or Children's Motrin™ as directed for the age of the child. If a medication was prescribed, then follow direction on the bottle.

****PLEASE DO NOT HESITATE TO CONTACT THE OFFICE IF THERE ARE ANY QUESTIONS****